



Pentagram

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Behind-the-scenes leader ‘keeps the lights on’ at showcase base

By Mike Howard
Special to the Pentagram

On Friday, Glenn Wait leaves his office in Bldg. 59 on Joint Base Myer-Henderson Hall for the last time. This marks the end of a significant chapter not only in his career, but also in the transition of leadership in the military community here.

Wait has been the behind-the-scenes leader for three base commanders.

After serving as the base chief of staff and leading a civilian staff of more than 500 employees since 2015, next week he begins a new job in U.S. Army Installation Management Command where he becomes the chief of staff for the training directorate at Fort Eustis, Virginia.

The training directorate oversees 15 installations in the United States that support U.S. Army Training and Doctrine Command.

Spectacular View

On a cool fall morning this month, as Wait walked across historic Whipple Field on the Fort Myer portion of the base for a photograph to accompany this article, he recalled how he walked around Fort Myer and Henderson Hall in Arlington, Virginia, to get a feeling for the community before going to his office for the first time.

“The view from Whipple was awe-inspiring,” Wait said. “I was excited to know that I would be part of this storied history. Knowing that the origin of Fort Myer was to ‘showcase’ the Army—I was proud to be part of such a professional team.

“I realized the historic nature and how critical the job would be—ensuring service members, civilians and Families are provided with the services they need to perform their mission.”

Whipple Field is an iconic representation of the historic nature of the joint base.

The joint base was formed in 2009, bringing together Forts McNair, Myer and Henderson Hall. Fort Myer was established from two Army posts, which were built during the Civil War—Fort Cass in 1861 and Fort Whipple in 1863. McNair dates back to 1791 and Henderson Hall began in 1942.

The view of Washington, D.C., in the morning light brought to mind another view Wait saw daily.

“Every morning the caissons would pass by, Soldiers sitting tall in the saddle laser focused on the mission in front of them,” Wait recalled. “Every afternoon those same Soldiers passed by my office

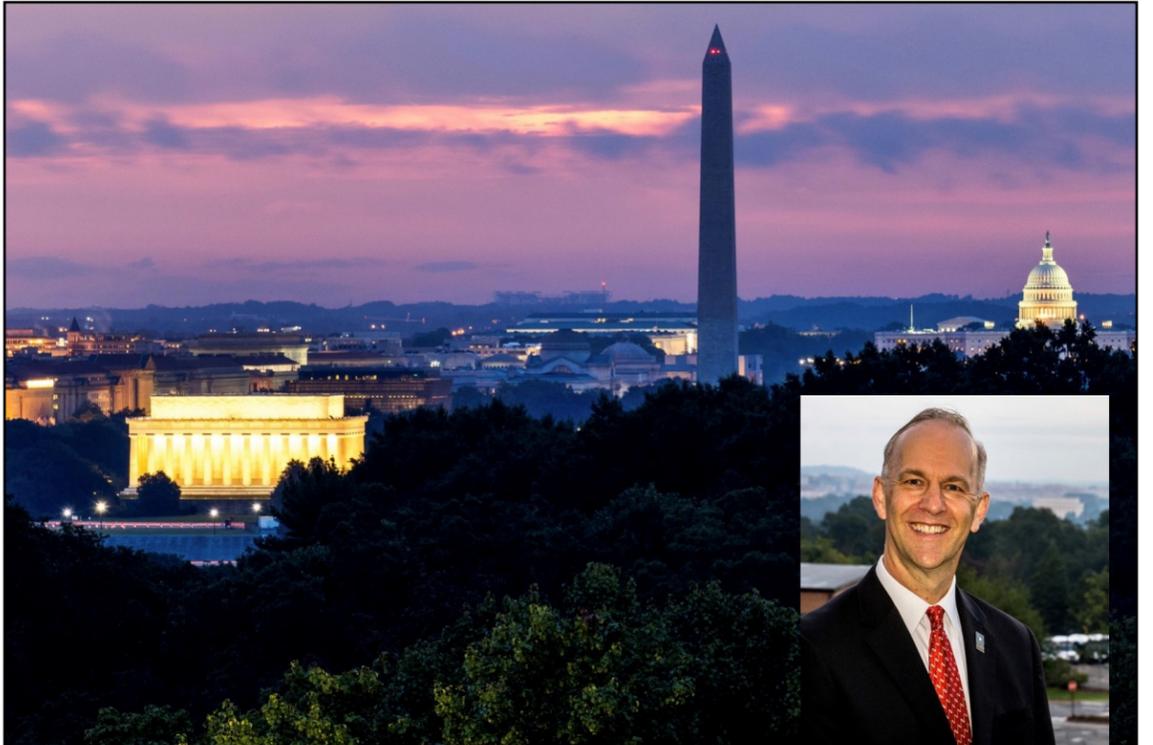


Photo illustration by Mike Howard

View of Washington, D.C., from historic Whipple Field on the Fort Myer portion of Joint Base Myer-Henderson Hall earlier this month. Glenn Wait, inset photo, poses for a photo on Whipple Field—he departs the base Friday after serving five years as the chief of staff.

window as they had completed their mission for the day, remarkably still sitting tall in the saddle demonstrating their professionalism.

“I would use this analogy with those I led, reminding them that we, too, as IMCOM professionals, owe it to all to demonstrate professionalism in everything we do.”

Significant Mission

The caisson platoon Wait mentioned is part of 3d Infantry Regiment (The Old

Guard), which is located on the Fort Myer portion of the joint base. The platoon supports the many funeral services at the Old Post Chapel and burials or interments at Arlington National Cemetery. The Old Guard also supports many salutes to the president, ceremonies for high-level officials to include foreign dignitaries and defense efforts in the area.

Gaining this sense proved invaluable during his tenure

with the base because it validated in his mind what IMCOM does. In addition to Joint Task Force National Capital Region/Military District of Washington and The Old Guard, the joint base today supports partner organizations such as the U.S. Marine Corps Headquarters and Services Company, The U.S. Army Band “Pershing’s Ow,” the National Defense Univer-

See WAIT, page 10

JBM-HH Military Retiree Appreciation Month November 2020



STILL SERVING THE SUPPORT and DEFEND TEAM IN COVID-19 ERA
Remembering, Honoring, Celebrating
Military Retirees & their Family Members

Joint Base Myer-Henderson Hall
Commander Col. Kimberly A. Peeples
Command Sgt. Maj. Matthew L. Majeski

JBM-HH Military Retiree Appreciation Month

Dear Retirees and Family members,

Instead of observing one day of appreciation, Joint Base Myer-Henderson Hall will do so during the entire month of November. This is being done as part of an on-going effort to show we appreciate all our retirees and their Family members have done, are doing and we have every reason to believe will continue to contribute not only to enhance the JBM-HH Community, but to DOD and the Nation, especially during these challenging times.

Highlights include virtual town halls at 1 p.m. the following dates:

- Virtual Town Hall Opening Ceremony Nov 2
- Medical, legal, personnel updates Nov. 5
- Commissary, PX, police updates Nov. 12
- FMWR, AAFMAA, Retiree Council Nov. 19
- Virtual Town Hall Closing Ceremony Nov. 30

Everyone is invited to tune in via JBM-HH Facebook.

Many thanks in advance to all participants, including those donating gifts, prizes and retiree/family member priority service during the month of November.

- Flu Shots, Nov. 5 and 16, from 7 to 9 a.m. Rader Clinic, commander’s conference room.
- ID card walk-ins Mondays in November: 8 to 10 a.m. Bldg. 202
 - Legal service by appointment, request by email at: usarmy.jbmhh.mdw.cal.sja-client-services@mail.mil
- Commissary and PX: Retiree priority first hour of shopping



Graphic by Marine Corps

All events for the 2020 Marine Corps Marathon weekend scheduled for Friday through Sunday in Arlington, Virginia, and the nation's capital will shift to virtual-only status, due to ongoing public health concerns and the guidelines of local governments. The virtual MCM weekend events including the MCM, MCM 10K, MCM 50K and the MCM Semper Fun Mile must be completed between Sept. 27 through Nov. 10, the Marine Corps Birthday. All participants will receive the corresponding participant shirt, commemorative bib, patch and/or finisher medal. Runners will also have access to an online event program, personalized finisher certificate, the MCM Audio Experience and several new digital engagement platforms. For more information, please visit <https://www.marinemarathon.com/events/marathon/mcm-info>.

Rendering final military honors



Photo by Sgt. Gabriel Silva

Soldiers of the 3d U.S. Infantry Regiment (The Old Guard) have the essential mission of rendering final military honors to the nation's heroes in Arlington National Cemetery, the nation's most hallowed ground. Time-honored traditions of TOG's duty are executed with the utmost care, dedication and respect to honor all who have served the country.

Pentagram



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Command Sgt. Maj. Matthew Majeski
Command Sergeant Major

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The JBM-HH community is committed to preserving the health and well-being of every individual and will take all prudent actions to mitigate the potential transmission of COVID-19. These actions will be in careful consideration of all Center for Disease Control and DOD guidelines regarding the use of face coverings and social distancing in public spaces.

Effective immediately, all individuals on JBM-HH will wear a cloth face covering when in a public environment where 6 feet physical distancing cannot be maintained. A cloth face covering is required at all times, regardless of physical distancing, in high traffic public facilities on JBM-HH. This includes AAFES Facilities, Marine Corps Base Exchange, the Child Development Center, Old Post Chapel, Memorial Chapel, ID Card Facility and the Commissary.

For assistance with developing appropriate infection control mitigations and social distance measures please contact the Installation Safety office by email at: usarmy.jbmhh.asa.mbx.iso@mail.mil or by phone at (703) 965-0798.



 **MILITARY ONE SOURCE**

UNITED TO END DOMESTIC ABUSE

THE ARMY:
Respects all victims' rights to report
Supports victims seeking help
Defends everyone's right to a safe relationship

#JoinForcesToEndDomesticAbuse

Learn more at www.MilitaryOneSource.mil/United-to-End-Domestic-Abuse.

JBM-HH Halloween activities

By JBM-HH PAO

With Halloween right around the corner, the Joint Base Myer-Henderson Hall Directorate of Morale, Welfare and Recreation team has organized some creative ways for the joint base to celebrate safely within the Centers for Disease Control and Prevention published low-risk activity guidance.

From Monday through Oct. 29, JBM-HH will host a community yard-decorating contest. Families are encouraged to get creative with fall and Halloween decorations. Individuals should take a photograph of their home decorations, post it on social media and tag @jbmhhfmwr. The photo with the most likes will win a \$50 gift card. All entries must be uploaded and tagged no later than 9 p.m. Oct 29. The winner will be announced on social media no later than Oct. 30.

From Monday through Oct. 31, come by the JBM-HH Bowling Center and take Family pictures at the Halloween and harvest photo set. The selfie station will be outdoors and unmanned. This is a great opportunity to get Halloween costume photos in Family units throughout the week.

Other low risk Halloween activity ideas include:

- Carving or decorating pumpkins for display
- Having a virtual Halloween costume contest
- Having a Halloween movie night with people in the home
- Having a scavenger hunt-style trick-or-treat search with household members in and around the

Yard Decorating Contest
October 26 - 29 (open to the community)

Thrill us with your skills! Get creative! Get scary!

Take a pic of your yard, post it on social media, and tag @jbmhhfmwr. The pic with the most likes will win a \$50 gift card! All entries must be uploaded and tagged no later than 9 pm on Thursday, October 29. We will announce the winner on social media no later than Friday, October 30. ...May the best ghou! win!

U.S. ARMY MWR
 SUPPORTS FAMILIES • RETIRES CIVILIAN

home rather than going door-to-door

Due to current conditions, the following will not be permitted on the joint base this year:

- Traditional trick-or-treating where treats are handed out to children who go door to door.
- Trunk-or-treat events where treats are handed out from trunks of cars lined up in large parking lots

- Attending crowded, indoor costume parties.
- Attending indoor haunted houses where people are crowded together and screaming.

Lower risk Halloween activities

Enjoy Halloween activities and take steps to protect yourself from getting or spreading COVID-19

Remember to always

- Wear a cloth mask
- Indoors and outdoors, stay at least 6 feet away from others who do not live with you.
- Wash your hands or use hand sanitizer frequently



Decorate and carve pumpkins

- Decorate your home for Halloween.
- Carve pumpkins with members of your household or outside with neighbors or friends.
- Walk from house to house, admiring Halloween decorations at a distance.

Visit an orchard, forest, or corn maze. Attend a scavenger hunt.

- Go on an outdoor Halloween-themed scavenger hunt.
- Visit a pumpkin patch or orchard. Remember to wash your hands or use hand sanitizer frequently, especially after touching frequently touched surfaces, pumpkins, or apples.
- Go to a one-way, walk-through haunted forest or corn maze.



Other Ideas

- Hide Halloween treats in and around your house. Hold a Halloween treat hunt with household members.
- Hold an outdoor costume parade or contest so everyone can show off their costumes.
- Host an outdoor Halloween movie night with friends or neighbors or an indoor movie night with your household members.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Chaplain's Corner

You can't please everybody

By Retired Chaplain (Col.)
David Lockhart

“Be happy. Be yourself. If others don't like it, then let them be. Happiness is a choice. Life isn't about pleasing everybody.”
John Spencer

A few weeks ago, I saw a young lady wearing a T-shirt with the saying, “I am Who I Am Your Approval Is Not Needed.” I thought about Galatians 1:10 because when we understand that we don't need anyone else's approval to make the right decision if we walk with God. When you seek the approval of others, you will end up carrying that donkey on your back.

An old story tells about an older man who was traveling with a boy and a donkey. As they walked through a village, the man led the



donkey, and the boy walked behind. The townspeople said the older man was a fool for not rid-

ing, so to please them; he climbed up on the animal's back.

When they came to the next village, the people said the older man was cruel to let the child walk while he enjoyed the ride. So, to please them, he got off, set the boy on the animal's back and continued on his way.

In the third village, people accused the child of being lazy for making the older man walk, and the suggestion was made that they both ride. So the man climbed on, and they set off again.

Finally, they came to a fourth village, and the townspeople were indignant at the cruelty to the donkey because he was made to carry two people. The frustrated man was last seen going down the road carrying the donkey on his

back.

As ridiculous as this story sounds, the point made is a good one: You can't please everybody, and if you live your life trying, you'll end up carrying the donkey of frustration, the donkey of discouragement and the donkey of indecisiveness.

Application:

God, we seek to follow the best course of action here in our lives; we know there will be others who are quick to find fault and offer criticism. However, please give us the strength of character to do what is right in your sight, regardless of what other people do or think.

“We had a purpose before anyone had an opinion.” Always do what is right in your heart!

Chapel services to take place at Memorial Chapel

The Joint Base Myer-Henderson Hall Religious Support Office has resumed limited in-person worship services. Services have resumed at Memorial Chapel. Individuals must register to attend. To view schedules as they become available, please visit JBM-HH Religious Support Office's Facebook page at <https://www.facebook.com/jbmhrso/> or email the Religious Support Office at usarmy.jbmhh.usag.mbx.usarmy.jbmhh.usag.mbx.memorialchapel@mail.mil. To register for Catholic Mass, contact the Catholic coordinator at info@jbmhmc.com.

Catholic Mass – Saturday at 5 p.m.

Catholic Mass – Sunday at 8:30 a.m.

Protestant service – Sunday at 10:30 a.m.

Gospel service – Sunday at 12:30 p.m.

BE HEALTHY, BE CLEAN



CLEAN & DISINFECT



SOCIAL DISTANCE



PICK-UP & DELIVERY





UPDATE

DVAM grab, go bag Fridays

DVAM grab and go bag Fridays will be held Friday at the Fort Myer Post Exchange and Oct. 30 at the JBM-HH Dining Facility from 11 a.m. to 1 p.m. Individuals will beat to join outreach locations to receive a grab bag filled with germ-fighting essentials and educational information resources.

Seven principles for making marriage work

Seven principles for making marriage work will be held Thursday from noon to 2 p.m. The two sessions will be based on Dr. John Gottman's book "The Seven Principles for Making

Marriage Work." This class teaches the warning signs of a troubled marriage and the steps to take repair a relationship. Registration is required. To register, email jbmhh-fap@gmail.com. This is a virtual platform.

Virginia Medicaid waivers

On Nov. 10 from 11 a.m. to noon, attendees will learn the basics of Virginia Medicaid waivers, qualifications requirements and application process, the benefits of the Medicaid waivers and the importance of getting on a waiting list. To register, visit <https://va-medical-waivers2-efmp.eventbrite.com>.

ADHD is not a choice: impact on teens

This training will be Nov. 12 from 11:30 a.m. to 12:30 p.m. This will teach the unique struggles for teens with an ADHD diagnosis will be discussed and ways parents and educators can support these teens to create resiliency self-advocacy, and improved learning skills. To register, visit <https://adhd-impact-on-teens-efmp.eventbrite.com>.

Anger Management 101

Anger Management 101 will be held virtually Nov. 4 from noon to 2 p.m. Individuals will receive information on emotions management and the impact of unmanaged anger, as well as the basics of identifying stressors in their life and

how to create their own anger management plan. Registration is required. For more information, email jbmhh-fap@gmail.com.

1-2-3 Magic

On Nov. 12 and 19 the 1-2-3 Magic Parenting Program will be held virtually from noon to 2 p.m. This is the No. 1 selling child discipline program in the United States. The program's parenting tips and resources help parents raise well-behaved children. For more information, email jbmhh-fap@gmail.com.

Transparenting

The transparenting seminar will be held Nov. 17 and 24 virtually from noon to 2 p.m. This seminar is de-

signed to provide parents who are separated or divorced with the tools to ensure that they are able to continue supporting and encouraging their children despite the breakup of the family unit. Registration is required. For more information, email jbmhh-fap@gmail.com.

Baby bundles

Baby bundles, which is available by request, prepares the home and relationship for the changes that are needed when the baby arrives. A brief overview of the labor and delivery process, newborn care and baby proofing the home will be discussed. Individuals will receive a gift bag of free baby care and safety items. Registration is required. For more information or to request training, call (571) 550-9052.



Health and Wellness for Office Workers Stretching and You



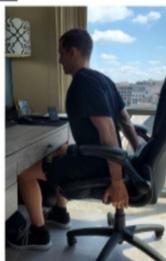
Neck stretches



Allow the weight of your hand to bring down your head as you 1) listen to your armpit, 2) look at your armpit

Chest stretch

Sitting upright, grasp the rear sides of your chair as you depress your shoulders from your ears.



Barrel hugs

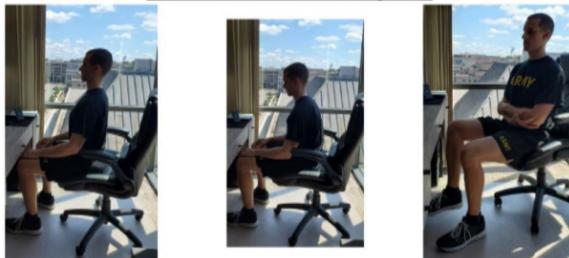


Imagine as if you are holding a massive oak barrel in your arms as you rotate your mid-spine up, down, left, right and side to side.

charles.p.rettig.mil@mail.mil

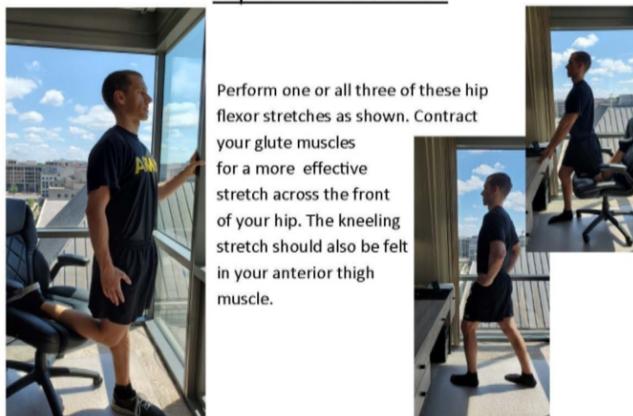
Hold all stretches for at least 30 seconds on each side within a pain-free range of motion. Always consult your healthcare professional before starting or modifying your fitness program.

Pelvic Tilts with Leg Lift



With your feet firmly on the floor, alternate between a fully erect posture and slouched posture. Ease off 10% from fully erect, contract your core and perform alternating leg lifts for 5 seconds for a total of 60 seconds.

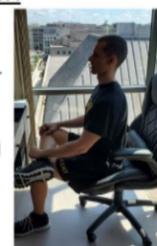
Hip flexor stretches



Perform one or all three of these hip flexor stretches as shown. Contract your glute muscles for a more effective stretch across the front of your hip. The kneeling stretch should also be felt in your anterior thigh muscle.

Glute stretch

Sitting upright, assume the tailor's position with your ankle atop your knee. Gently lean forward while keeping a straight back until you feel a gentle pull in the glute of your crossed leg.



Calf stretches

With your front foot on a step, wall, or the side of your desk and toes upward, gently lean forward for two positions: 1) front knee straight, 2) front knee bent. You should feel a deeper, lower stretch with your knee bent.



Double hip stretch



While lying on the floor or the bed, pull both knees up to your chest for 30 seconds. Then pull just your right knee to your chest for 30 seconds followed by left.



Photo by Patrick Albright

Workers install new windows at one of the historic homes on Fort Benning, Georgia, Oct. 1. Modifications to these homes are part of a broader effort underway to eliminate lead-based paint hazards in these facilities.

Army housing improves with continued investments

By U.S. Army

Secretary of the Army Ryan D. McCarthy and Commanding General, Army Materiel Command, Gen. Edward M. Daly, met Oct. 14, with private housing companies, financial investors and institutions, and bond rating agencies to discuss increasing investments in Army privatized housing.

“We owe it to Soldiers and their Families to ensure they receive quality housing,” McCarthy said. “Today’s meeting was a significant step forward in securing additional private financing to improve Army housing across the country.”

As part of the discussions, private housing companies are on track to invest up to an additional \$2.8 billion for Army housing over the next five years. These investments will result in 3,800 new homes and nearly 18,000 renovations of homes at Army installations.

Building new homes and making renovations on existing homes is only one of the ways the Army is improving housing for its Soldiers

and their Families. Cooperation between the Army and private companies has led to significant initiatives to improve Army housing, including:

- The hiring of more than 100 additional staff at installation housing offices to provide quality assurance and control checks on work done in homes.
- The revision of incentive fee metrics to ensure private housing companies are accountable for proper maintenance of homes and customer service.
- Approval from the Advisory Council on Historic Preservation authorizing the Army and private housing companies to more effectively repair, rehabilitate and renovate more than 3,200 historic housing units from the interwar era (1919-1940).
- The creation of mobile apps as an additional way for residents to submit and track work orders.
- The establishment of a Housing Environmental Health Response Registry to address

housing health or safety concerns.

- Training Army commanders and leaders on their role in ensuring quality homes for Soldiers and their Families.
 - Quarterly town hall meetings at every installation to share updates on housing initiatives and improvements and hear residents’ concerns.
 - 24/7 housing hotlines to assist with issue resolution at every installation.
 - Revisions to the Army Portfolio and Asset Management handbook, which provides updated guidance on the oversight and management of privatized Army homes.
- The Army remains focused on investment and reinvestment strategies to ensure long-term viability and quality housing, and to make installations the No. 1 residential choice for Soldiers and their Families. With proper oversight and accountability, the Army maintains that privatization of housing remains in residents’ best interest.

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THE U.S. ARMY BAND
PERSHING'S OWN
U.S. ARMY

Progress marches on for more diverse Army

By Thomas Brading
Army News Service

The roadmap to a modernized Army relies on building a more diverse force, said the head of U.S. Army Training and Doctrine Command last week.

A panel of leaders, including

teams upon which future victory rests.”

When it comes to inclusion, Wardynski said the Army’s approach avoids dividing groups individually.

“(We’re) bringing people together and showing them what they can accomplish,” Wardynski

n’t fit” in with the Army’s culture,” Wardynski said.

West Point’s ‘leaders of character’

The push for an inclusive force goes beyond the enlisted ranks, though Funk said enlisted Soldiers are more diverse than ever.

The U.S. Military Academy is

“developed into the Army to fight and win in a multidomain battlefield,” Williams said.

The academy’s mission is to cultivate and welcome young men and women from all walks of life and in 47 months turn them into leaders of character ready to join the Army’s fighting force, he said.

Until a few years ago, women were unable to serve in combat arms positions, such as infantry and field artillery, Wardynski said. Now the academy is “graduating good-sized cohorts of ladies entering those branches and going off to Ranger school.”

The academy is not only accepting women into traditional combat arms branches, Wardynski added, but also “acculturating them into the Army with the notion they can take their talents anywhere and rise to their maximum potential.”

A more inclusive Army

Having a diverse force is only the beginning. The Army also has numerous reforms in place that aim to eliminate deliberate thinking in career development. In August, for instance, all Department of the Army photos were suspended from promotion boards, while race, ethnicity, and gender data have all been redacted from officer and enlisted records briefs.

Moving forward, the Army plans to “continue the work that we began in equity and inclusion,” said Anselm Beach, deputy assistant secretary of the Army for equity and inclusion. “We are looking at the work in readiness by optimizing customized talents.”

Although the Army’s senior leaders have forged ahead with their plans, the driving force of change will rely on Army leadership at all levels at every installation, Williams said.



Photo by Brandon O’Connor

The U.S. Military Academy held its graduation and commissioning ceremony for the Class of 2020 in West Point, New York, June 13. Over the summer, 1,200 cadet candidates arrived at the service academy as part of its most diverse freshmen class in the school’s 218-year history. Of those, nearly 500 identified as minorities including 214 African Americans and 141 Hispanic Americans.

Gen. Paul E. Funk, highlighted the Army’s diversity goals and how the service can best reflect the nation it defends during a discussion Oct. 13 at the Association of the U.S. Army Annual Meeting and Exposition.

The Army is “a culture built on trust that harnesses experiences, cultures, characteristics and backgrounds (all) Soldiers and civilians bring into our great Army,” Funk said.

“Whether you wear a uniform or a suit, you’re part of an Army profession. It’s our responsibility to uphold that culture and the sacred trust of the American people.”

Building cohesive teams

To do that, various initiatives have rolled out in the past year to move the Army’s culture toward diversity. One recent example has been Project Inclusion, a sweeping, five-part review of governance structures, marketing, guidance, mentorship and leadership practices to increase deliberate thinking and the value diversity brings.

“To build cohesive teams to the Army, we begin by looking at our culture, and building it based on ideas,” said E. Casey Wardynski, assistant secretary of the Army for manpower and reserve affairs.

“They’re very American things like a level playing field, human dignity, allowing talents to take you as far as you can go and rise as far as you can.

By doing this, a Soldier’s talents in the Army are “building

said. “Any organization as large as the Army needs to be careful of the folks they bring in. We want folks who come into the Army to be part of our culture, support the key notions that underlie our country and live up to the oath of the Constitution.”

If for whatever reason those individuals don’t align with those inclusive values, “we would look to remove them from our organization because they simply could-

also hitting diversity milestones. This year brought in its most diverse freshmen class in the school’s 218-year history, said Lt. Gen. Darryl A. Williams, the academy’s superintendent.

Over the summer, 1,200 cadet candidates arrived at the service academy in West Point, New York. Of those, nearly 500 identified as minorities including 214 African Americans and 141 Hispanic Americans, who will be



Photo by 1st Lt. Stephanie Snyder

Cadets with Auburn University Army ROTC and Tuskegee University Army ROTC programs work to conquer an obstacle course during their field training at Fort Benning, Georgia, Sept. 18.

News Notes

Correction

In the Oct. 15, 2020 issue of the Pentagon William Lucas' contact information was not included. For more information about energy resilience, email William.f.lucas.civ@mail.mil.

Town Hall to raise awareness of domestic violence

JBM-HH leadership has announced that the next virtual town hall via Facebook will take place Thursday at 1 p.m.

Town hall guests this week will be Jenny Marsh, victim advocate, Army Community Service, and Natalia Tyrrell, victim advocate, Marine and Family Programs, Marine Corps.

Visit <https://www.facebook.com/jbmhh/> to submit questions. On the day of the town hall, individuals can view at <https://www.facebook.com/events/641331093418319>.

Friday exercise alert

The Old Guard will conduct exercises on Whipple and Summerall Field Friday at 1:30 p.m. Please be aware that cannon fire may be heard in the vicinity of these locations.

Virtual ensemble festival

Individuals can send the U.S. Army Old Guard Fife and Drum Corps a video of their solo or group fife and drum performance for a chance to be featured on its social media platforms.

The virtual solo and ensemble festival is an opportunity for musicians of all ages to receive feedback and showcase their musical skills. Submissions are due Nov. 1.

For more information and to register, visit <https://bit.ly/2020fifeanddrumfestival> or www.facebook.com/fifeanddrum.

Education center

The JBM-HH Education Center hosts information sessions including credentialing assistance and green to gold and warrant officers briefings.

For more information or to reserve a virtual spot at any of these events, please contact Jennifer Souza, education counselor, at Jennifer.s.souza2.civ@mail.mil.

Downrange Deranged: "Encore, Encore"

The U.S. Army Band will present a virtual Halloween concert Oct. 30 at 4 p.m. The Downrange Deranged concert includes highlights from the 2017-19 "Deranged" Halloween specials.

Originally called the Cho-rale-o-ween, this spooky rock concert tradition dates back to 2001. A special "deranged" version of The U.S. Army Band Downrange features hits of the 1980s that's sure to entertain with nostalgia, humor, and thrills.

This year's program:

"Fourplay" by Boston
"Separate Ways (World's Apart)" by Journey
"The Way You Make Me Feel" by Michael Jackson
"Kasmir" by Led Zeppelin
"King of Pain" by The Police
"Rebel Yell" by Billy Idol
"True Colors" by Cyndi Lauper
"Thriller" by Michael Jackson

Patton Hall Food to Go closed

Patton Hall's Food to Go services are temporarily closed at this time. When the service reopens, it will be announced here and on the joint base Facebook page at home.army.mil/jbmhh.

Be cyber smart

The health care industry relies increasingly on internet connected devices and solutions to improve patient care, organizational efficiency, speed of crisis response and much more.

The emergence of telemedicine, digital health records, online medical devices, patient wellness apps and an increasing amount of third parties entering the health supply chain has created many benefits. However, it has also exposed the industry to vulnerabilities that cyber-criminals can exploit. Individuals can visit cisa.gov/nscsam to learn how to better protect their internet-connected health devices.

Death notice

Anyone with debts owed to or by the estate of Staff Sgt. Michael K. Mumford must contact Capt. Christopher Jones, the summary-court officer for the Soldier. Mumford recently passed away Oct. 4. Please contact Jones at (706) 897-9715 or by email at christopher.l.jones7.mil@mail.mil.

Grant Hall Open House canceled

The Grant Hall Courtroom Public Open House originally scheduled for Nov. 7, has been canceled. When health protection conditions allow, the joint base's quarterly public open houses will resume. For now, there are also no plans to continue with the open house set for Feb. 6, 2021. For photos of Grant Hall, as well as information on the history of Joint Base Myer-Henderson Hall, visit <https://home.army.mil/jbmhh/index.php/about/history>.

Save the date for "Winning Woodwinds"

Save the date for Friday at 4 p.m. for a concert featuring the winner and finalists of the 2020 U.S. Army Orchestra Young Artist Competition - Winds Division. To see the concert, visit www.facebook.com/usarmyband.

Myer Flyer Shuttle

The Myer Flyer Shuttle Route 9, which travels from the Pentagon to JBM-HH, has been suspended. If this is having an impact, please let the motor pool know. JBM-HH is assessing how many people need this service, so input is appreciated. Please call the motor pool at (703) 696-7009 or (703) 696-7136.

Jewish services at Fort Belvoir

The Fort Belvoir Jewish Congregation host Saturday services and religion education opportunities for Families.

For information about Saturday services and programs at Fort Belvoir, contact the Jewish coordinator, Sara Astrow, by email at saralyn.astrow.ctr@mail.mil or phone at (703)-806-3393.

Lending each other a helping hand

"All of us go through adversity in life. And all of us need a helping hand."

The restrictions following COVID-19 have affected the mental health of many. Following the implementation of stay-at-home restrictions in March, the active duty suicide rate has risen in 2020 and Army senior leaders meet each month to address suicide prevention and how everyone can work together to save lives.

If an individual is having suicidal thoughts, seek help by calling the Military Crisis Line at (800) 273-8255. For more information, visit <https://go.usa.gov/xGeDw>.

Food to go carry out opens at bowling center

The JBM-HH Bowling Center has reopened for "Food to go" carry out operation only. Serving hours will be Monday through Friday from 6:30 a.m. to 7 p.m., for breakfast, lunch and dinner.

Preservation projects underway

While visiting Arlington National Cemetery, individuals may see a variety of projects underway, large and small scale. The Arlington National Cemetery team is hard at work preserving the historic objects and structures.

When walking past the Memorial Amphitheater, individuals may see staff on scaffolding and aerial lifts performing masonry repairs on the building exterior. The amphitheater is temporarily closed while rehabilitation occurs, including repointing and resealing of mortar joints, repairs of damaged or lost stone and the addition of an accessible ramp.

This October, carpenters will reinstall the first set of restored doors and remove the second set for repair in 2021. Exterior work on Memorial Amphitheater is scheduled to be completed prior

the centennial commemoration for the Tomb of the Unknown Soldier in November 2021.

ANC staff works throughout the year to maintain the objects and structures within the national historic district, as part of the continuous effort to preserve and share ANC's history now and for future generations.

ANC reopens with restrictions

Arlington National Cemetery announces a limited reopening to visitors to allow gravesite visitations to our veterans and Families laid to rest in these hallowed grounds. ANC is open to the public from 8 a.m. to 5 p.m. Face coverings will be mandatory to wear while on cemetery grounds and social distancing is expected.

Several places of interest will remain closed to assure health protection conditions. These sites include the Memorial Amphitheater and the Tomb of the Unknown Soldier.

For full details, visit <http://www.arlingtoncemetery.mil/>

Arlington National Cemetery public survey opens

The Secretary of the Army has announced the opening of the 60-day public comment period for the proposed changes to eligibility criteria for burial at Arlington National Cemetery. The public comment period ends Nov. 16. The proposed rule will allow new changes to eligibility criteria which will keep the cemetery functioning as an active burial ground well into the future, defined as 150 years.

To make an official public comment, please go to the Federal Register notice at [federalregister.gov/d/2020-17801](https://www.federalregister.gov/d/2020-17801). To view the cemetery's information on the proposed revised eligibility criteria, visit the website at <https://www.arlingtoncemetery.mil/About/Proposed-Revised-Eligibility-Criteria>.

Operation Fun for kids

AAFES and the Walt Disney Studios are kicking off Operation Fun, a series of free movie screenings and Family friendly activities. Visit <https://publicaffairs-sme.com/Community/xkids> for a video breakdown of activities.

Upcoming live videos just for military kids:

Saturday: "Incredibles 2" free movie screening.

Nov. 26: "Frozen 2" free Thanksgiving movie screening.

Dec. 12: Disney Jr. interactive video activity night.

Fall is here

The Memorial Arboretum at Arlington National Cemetery is a living tribute to those who have honorably served their nation. This year, peak fall colors at ANC to be in late October. The cemetery's grounds are dotted with more than 9,600 native and exotic trees; many of which are deciduous, the kind that drop their leaves in early winter.

Farewell

WAIT from page 1

sity, the U.S. Army Center of Military History, Andrew Rader Health Clinic and numerous other organizations in the NCR.

The base serves a community of about 150,000 service members, retirees, civilian employees and Families.

When Wait entered the base headquarters for the first time after his walk in 2015, he read an old framed letter in the hallway near his new office from the commander of MDW in 1993, which announced that Fort Myer would be joined with Fort McNair in Washington, D.C., as the Fort Myer Military Community.

With that title, the commander officially established the two forts as the showcase installation for the Army. This was actually an extension of a mindset about Fort Myer since after the Civil War when the fort began to be the home of many communication and technology firsts. In 1887, the Army's commanding general, Lt. Gen. Philip Sheridan, designated Myer as the showcase and home of the U.S. Army Cavalry.

Legacy of Contributions

There is simply no easy way to quantify the impact Wait has had on the community, according to Col. Kimberly Peeples, JBM-HH commander since April 2018.

"Glenn leaves a legacy here at America's Post," she said. "He is a tremendous leader and an installation management expert. He is focused on people, while developing and managing talent, to build a strong and effective team. Glenn cares about people and the mission — and it shows.

"He exemplifies the Army civilian creed and leads by example at all times. I know he will continue to improve our installations. Glenn and his wife Julie are selfless servants. We are grateful that they will continue to lead our Army at the next level."

Peeples provided some examples of Wait's contributions:

- Improved service delivery, installation support activities, base operations and long-term planning during the COVID-19 pandemic, extreme weather events and other contingencies as well as routine operations
- Built a trusting relationship with leadership and employees of the base, implementing innovative workforce recognition and development opportunities
- Led support for numerous high-profile events, in-

cluding two presidential inaugurations, presidential visits to the base and ceremonies for the Department of Defense's most senior military and civilian leaders

- Fostered a mutually supportive relationship with leaders in Arlington County, District of Columbia and Northern Virginia that helped establish strong partnerships between the base, other military installations and surrounding municipalities in the region

Early Mark

Wait made his mark on the installation from the start, according to the two commanders who were here before Peeples.

"Glenn professionalized the workforce, ensured systems and processes were being used correctly and that leaders were held accountable," said Col. Michael Henderson, chief of staff for the U.S. Army First Army Division West at Fort Hood, Texas. Henderson was the JBM-HH commander from August 2014 to June 2016.

"During my tenure, force protection was the highest priority as ISIS was terrorizing soft targets all over the world. This problem set became my No. 1 focus, so Glenn ensured that the remaining functions and directorates continued to execute to the highest standards and we were able to continue to provide first class service to our residents and installation partners."

Pat Duggan, who retired as a U.S. Army colonel in 2019 and served as JBM-HH commander after Henderson until April 2018, said: "Glenn's greatest contributions were twofold: unparalleled expertise and a steady hand at the wheel. There is no one in all of IMCOM who knows as much as Glenn does when it comes to installation management, and while base commanders come and go, it was Glenn's steady hand at the wheel that kept JBM-HH running."

Duggan noted the high-profile nature of Forts Myer and McNair with the senior military leaders living, working and getting services here.

"Without Glenn's pearls of wisdom on how best to navigate the military political battles, I probably would have left command sooner!"

Lasting Impact on People

This impact went deeper than touching the systems, processes and programs of the joint base, according to leaders who worked for him.

Wait made things happen, according to Eric Gordon,

who is filling in as the chief of staff during the transition. Gordon's normal job is to be the chief of Plans, Analysis and Integration Office.

"On many occasions, I've seen where he inserts himself to assist us in getting 'unstuck' whether it be with higher headquarters or stovepipe issues with colleagues," Gordon said. "His focus on trust, collaboration, organizational growth and mission readiness is clearly seen in how he operates and the example he sets daily."

And he touched peoples' lives.

"My respect for him inspires me to be better and emulate his keys to success," he said.

Tom Sivak saw this firsthand. Sivak, who is filling in for Gordon in PAIO, is normally the commander's executive officer where he worked closely with Wait.

"As a retired command sergeant major, I thought I knew everything about leadership," said Sivak. "Then I started working for Mr. Wait and observed him in action at close range. Mr. Wait taught me the finer points of leadership and his positive impact on Joint Base Myer-Henderson Hall can't be measured.

"He has my complete respect and the respect of the entire workforce."

Phil Santee, installation safety officer, wrote in an email that he had hoped to be able to work for Wait longer.

"Mr. Wait has been one of the most distinctive leaders I have had the chance to work with," Santee said. "He has a unique ability to motivate leaders to lead, and influence an organization to do more. It's been just over one year since I started working with Mr. Wait, but in that short time he has changed my perspective on what it means to be a successful leader and I have no doubt it will have a positive impact in my life and the lives of many others."

Eric Cope, director of the Directorate of Public Works, said, "To start with, I've never seen the man have a bad day. His positive energy is infectious. (I) can't tell you how many times he's called simply to ask how I'm doing. Not how I'm doing and then give me tasks. He literally just calls to ask about me and to see if there's anything he can do to help. He's the kind of leader that makes me want to be a better leader."

Lasting Impressions on Bosses Too

These sentiments were echoed by Wait's bosses.

"This leader is the most talented and selfless senior

Department of the Army civilian I have ever worked with," said Henderson. "He is a leader, he is professional, he is competent and he is fair. He is even-tempered and leads by example. My favorite quote from Glenn is 'know the rules, win the game.' Glenn ensured we did the right things right. Any success I had at JBM-HH is due in large part to Glenn's leadership and counsel."

Duggan highlighted Wait's nature.

"This is a true professional in every sense of the word — thoughtful, selfless and knowledgeable," Duggan said. "He truly cares about his people and symbolizes the very best of our nation's civilian leaders. He is a tremendous asset to the nation and no doubt some of America's largest cities stand envious of the talent the Army's got!"

For Peeples, she will always remember what her chief of staff taught her through his leadership character.

"Glenn's No. 1 focus is people," she said. "He taught me to care more and to spend time where it matters most. I am forever grateful for Glenn's mentorship and insight. The garrison team of today is Glenn's legacy. He and Julie will be sorely missed."

An Early Mentor

Wait started his career as a Soldier. He joined the Army as an administrative clerk in 1982 from his hometown of Macedon, New York.

"I was looking for purpose and focus," he said. "The best part of my decision to join the Army is that it is where I met and then married Julie."

However, it was a senior civilian employee who helped put him on his professional path by asking if Wait had ever considered being an Army civilian employee. This led Wait to earn his college degree while on active duty. Then, one day in 1990, he took off his uniform and put on a civilian coat and tie, beginning his civilian career at the U.S. Navy Yard in D.C.

"He invested in my development," Wait said of the civilian leader. "I once asked him why he did that. He said that his investment would pay off, as he knew that I would become a senior leader in the Army and knew that I would then do the same for others.

"He was right," Wait said. "The best move I ever made was transitioning to become an Army civilian employee."

It was with this early grounding that Wait learned it was all about people and helping them to feel a sense of purpose.

"Our business is about art

and science," he said. "The science part is easy as we have the best of the best doing what they do. The harder part is the art because that is about leading people. This allows me to demonstrate purpose.

"Purpose has power and it is the reason why we do what we do. Leadership with purpose is aspirational."

He added that he felt the JBM-HH team united around purpose and, as a direct result, purpose became the reason and driving force for the team's success.

"Purpose made each person's work more personal to them, more impactful and most importantly, more empowering," he said. "This is why people are important to me."

Senior Civilian Leader's Role

Wait served as the senior civilian leader in two Army garrisons prior to coming to JBM-HH. It was in these jobs that he learned and practiced an important way for him.

"The commander is the front man or woman of the organization and the chief of staff or deputy garrison commander is the person who keeps the lights on," he said. "These leaders, depending on the type of garrison organization they are in, are also the senior civilian and, most critically, have the job to ensure that all the members of the organization have the resources they need to complete the mission."

Some of the efforts Wait feels most proudly about from his time here include:

- Organizing and holding the first Workforce Development Symposium in 2019
- Implementing an IMCOM Child Day Care Center organizational design pilot to reduce supervisor-to-employee ratio by 30%
- Transitioning the JBM-HH workforce to a mostly telework organization as a result of the COVID-19 pandemic — this had never been done before to this level and the joint base was able to continue its mission

Final Thoughts

As he took in the view from Whipple Field earlier this month, Wait thought back on his time here.

"It is hard to believe that time has passed so quickly," he said quietly. "This view is just as awe-inspiring today as it was the first day I saw it.

Then he paused before saying, "Another interesting thought was that as a young Soldier I spent a little time on the parade field at Fort Myer. Who would have thought that many years ago this is where I would be?"

"I also feel that I am leaving JBM-HH a better place as a result of the team that supported me. JBM-HH is still the showcase."